



KENTUCKY **DIABETES** NETWORK, INC.

GUIDE TO DIABETES EDUCATIONAL MATERIALS

Free or Low Cost Literature Available

August 2003

Topic	Title	Format	Source	Phone #/Web Site Address	English	Spanish	Other
A1C	A1C	Brochure	Bayer	www.bayer.com	X	X	
A1C	If You Have Diabetes, Know Your Blood Sugar Numbers	Booklet	NDEP	www.ndep.nih.gov	X	X	
A1C	Know Your Number?????????	Brochure	Roche	www.roche.com	X		
Complications	Avoiding Diabetes Complications	Booklet	NovoNordisk	www.novonordisk-us.com	X	X	
Complications	Be Smart About Your Heart	Brochure	NDEP	www.ndep.nih.gov	X		X
Complications	Cardiovascular Disease	Tip Sheet	Roche	www.roche.com	X		
Complications	Diabetes Control & Complications Trial	Tip Sheet	Roche	www.roche.com	X		
Complications	Eye Disease	Tip Sheet	Roche	www.roche.com	X		
Complications	Heart Disease	Brochure	Bayer	www.bayer.com	X	X	
Complications	If You Have DM, Take Care of Your Heart	Brochure, Flip Chart, Tip Sheet	NDEP	www.ndep.nih.gov	X	X	X
Complications	Kidney Disease	Tip Sheet	Roche	www.roche.com	X		
Complications	Neuropathy	Tip Sheet	Roche	www.roche.com	X		
Complications	Understanding Eye & Kidney Complications	Paper	Lilly/Takeda	1-888-649-9706	X		
Complications	What You Should Know About Nerve Damage	Paper	Lilly/Takeda	1-888-649-9706	X		
Complications	What You Should Know About Heart Disease	Paper	Lilly/Takeda	1-888-649-9706	X		
Diet/Nutrition	2001 Food/Pharmacy Tour Participant Guide	Brochure	Bayer	www.bayer.com			
Diet/Nutrition	Be Average "Meals & Monitoring"	Brochure	LifeScan	www.lifescan.com	X	X	
Diet/Nutrition	Bilingual Cookbook	Brochure	Aventis	www.diabeteswatch.com	X	X	
Diet/Nutrition	Buffet Table Tips	Paper/Media Advisories	NDEP	www.ndep.nih.gov	X		X
Diet/Nutrition	Carb Counting & Exchange Lists	Booklet	NovoNordisk	www.novonordisk-us.com	X		
Diet/Nutrition	Controlling Blood Sugar by Counting Carbohydrate	Paper	Lilly/Takeda	1-888-649-9706	X		
Diet/Nutrition	Daily Meal Planning Guide	Fold out	Eli Lilly	www.LillyDiabetes.com	X		
Diet/Nutrition	Dining Out Made Simple	Brochure	BD	1-888-367-9539			
Diet/Nutrition	Fast Food Guide	Brochure	BD	1-888-367-9539			
Diet/Nutrition	First Steps For a Healthy Diet in Type 2 Diabetes	Paper	Lilly/Takeda	1-888-649-9706			
Diet/Nutrition	Healthy Eating with Diabetes	Booklet	NovoNordisk	www.novonordisk-us.com	X		
Diet/Nutrition	Losing Weight & Keeping it Off	Paper	Lilly/Takeda	1-888-649-9706	X		

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Diet/Nutrition	Meal Planning	Tip Sheet	Roche	www.roche.com	X		
Diet/Nutrition	Nutrition in the Fast Lane	Booklet	Eli Lilly	www.LillyDiabetes.com	X		
Diet/Nutrition	Recipe & Meal Planner Guide	Booklet	NDEP	www.ndep.nih.gov	X	X	
Diet/Nutrition	Taking Control: Diabetes Patients Meal Planner	Brochure	Aventis	www.diabeteswatch.com	X		
Exercise	Be Average "Exercise & Monitoring"	Brochure	LifeScan	www.lifescan.com			
Exercise	Exercise & Its Benefits	Brochure	BD	1-888-367-9539	X		
Exercise	Introduction to Exercise	Booklet	NovoNordisk	www.novonordisk-us.com	X	X	
Exercise	Putting Physical Activity to Work for You	Paper	Lilly/Takeda	1-888-649-9706	X		
Exercise	Staying Fit	Tip Sheet	Roche	www.roche.com	X		
Eye Care	Focus on Diabetic Eye Disease: An Educator's Guide	Flip chart	NEHEP	1-800-869-2020	X		
Foot Care	Feet Can Last a Lifetime Kit	Kit	NDEP	www.ndep.nih.gov	X		
Foot Care	Foot Care	Tip Sheet	Roche	www.roche.com	X		
Foot Care	Foot Care Do's & Don'ts	Picture page	BD	1-888-367-9539	X	X	
Foot Care	Take Care of Your Feet for a Lifetime	Booklet	NDEP	www.ndep.nih.gov	X	X	
General Diabetes	7 Principles for Controlling Your Diabetes for Life	Booklet	NDEP	www.ndep.nih.gov	X		
General Diabetes	Amaryl Patient Brochure	Brochure	Aventis	www.diabeteswatch.com	X		
General Diabetes	Business & Managed Care Diabetes & Health Resource Kit	Kit	NDEP	www.diabetesatwork.org	X		
General Diabetes	CDE Slide Kit	Kit	Aventis	www.diabeteswatch.com	X		
General Diabetes	Changing the Way Diabetes is Treated	Video	NDEP	www.ndep.nih.gov	X		
General Diabetes	Control Your Diabetes for Life	Video	NDEP	www.ndep.nih.gov	X		
General Diabetes	Control Your Diabetes for Life. Tips for Feeling Better & Staying Healthy	Booklet	NDEP	www.ndep.nih.gov	X	X	
General Diabetes	Diabetes & You - Living With Diabetes	Booklet	NovoNordisk	www.novonordisk-us.com	X	X	
General Diabetes	Diabetes Care - Monitoring Your Health	Booklet	NovoNordisk	www.novonordisk-us.com	X	X	
General Diabetes	Diabetes Care Card	Brochure	BD	1-888-367-9539	X	X	
General Diabetes	Diabetes Numbers at-a-Glance	Guide	NDEP	www.ndep.nih.gov	X		
General Diabetes	Guiding Principles of Diabetes Care	Booklet	NDEP	www.ndep.nih.gov	X		
General Diabetes	How to Talk Diabetes w/ Your Doctor	Brochure	Aventis	www.diabeteswatch.com	X		
General Diabetes	I Have Diabetes Wallet Card	Wallet Card	NovoNordisk	www.novonordisk-us.com	X		
General Diabetes	Know the Difference	Brochure	BD	1-888-367-9539	X	X	
General Diabetes	Living a Healthy Lifestyle w/ Diabetes	Brochure	Aventis	www.diabeteswatch.com	X		
General Diabetes	Living Well with Diabetes	Brochure	Aventis	www.diabeteswatch.com	X	X	
General Diabetes	Managing Your Diabetes Compreh	Book	Eli Lilly	www.LillyDiabetes.com	X		
General Diabetes	Managing Your Diabetes Type 2	Book	Eli Lilly	www.LillyDiabetes.com	X		
General Diabetes	My Personal Diabetes Health Card	Wallet size	KDN	www.diabetesnetwork.org	X		
General Diabetes	Patient Education CD-ROM	CD-ROM	Aventis	www.diabeteswatch.com	X	X	
General Diabetes	Take Charge Management	Brochure	Bayer	www.bayer.com	X	X	
General Diabetes	Taking Control (Series)	Brochure	Aventis	www.diabeteswatch.com	X		
General Diabetes	Tips for Helping a Person with Diabetes	Booklet	NDEP	www.ndep.nih.gov	X		

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General Diabetes	We Have Diabetes Too	Brochure	BD	1-888-367-9539	X		
General Diabetes	What is Diabetes?	Tip Sheet	Roche	www.roche.com	X		
General Diabetes	You Can Do It & You Can Manage It	Print PSAs	NDEP	www.ndep.nih.gov	X		X
Gestational DM	BCF- Gestational Diabetes	Brochure	Bayer	www.bayer.com	X	X	
Gestational DM	Gestational Diabetes Brochure	Brochure	BD	1-888-367-9539	X		
Gestational DM	How to Manage Gestational DM	Booklet	Eli Lilly	www.LillyDiabetes.com	X		
Gestational DM	Mother's-To-Be	Booklet	Bayer	www.bayer.com	X		
Gestational DM	Pre Conception Care	Tip sheet	Roche	www.roche.com	X		
Gestational DM	The Best for You & Your Baby	Book	Roche	www.roche.com	X		
Hygiene	Dental Care	Tip Sheet	Roche	www.roche.com	X		
Hygiene	Skin Care	Tip Sheet	Roche	www.roche.com	X		
Hypo/Hyperglycemia	Controlling Low Blood Sugar Reactions	Brochure	BD	1-888-367-9539	X		
Hypo/Hyperglycemia	Hyper/Hypoglycemia	Web Site	NovoNordisk	www.novonordisk-us.com	X	X	
Hypo/Hyperglycemia	Hyperglycemia	Tip Sheet	Roche	www.roche.com	X		
Hypo/Hyperglycemia	Hypoglycemia	Tip Sheet	Roche	www.roche.com	X		
Hypo/Hyperglycemia	When Blood Sugar Levels are Too High or Too Low	Paper	Lilly/Takeda	1-888-649-9706	X		
Insulin	Be Average "Insulin & Monitoring"	Brochure	LifeScan	www.lifescan.com	X	X	
Insulin	Drawing & Self-injecting Insulin	Picture page	BD	1-888-367-9539	X	X	
Insulin	Drawing & Injecting Insulin	Brochure	BD	1-888-367-9539	X		
Insulin	Drawing Up Insulin	Fold out	Eli Lilly	www.LillyDiabetes.com	X		
Insulin	Getting Started with Insulin	Booklet	Aventis	www.diabeteswatch.com	X		
Insulin	Intensive Insulin Therapy	Booklet	NovoNordisk	www.novonordisk-us.com	X	X	X
Insulin	Humalog Mix 72/25	Pamphlet	Eli Lilly	www.LillyDiabetes.com	X		
Insulin	Introduction to Insulin	Booklet	NovoNordisk	www.novonordisk-us.com	X		
Insulin	Life Just Got Simpler (Pen Administration)	Tear off sheet	Eli Lilly	www.LillyDiabetes.com	X		
Insulin	Mixing Insulins for Self-Injection	Picture page	BD	1-888-367-9539	X	X	
Insulin	Site Selection	Brochure	BD	1-888-367-9539	X		
Insulin	Using Insulin Pens & Pen Needles	Brochure	BD	1-888-367-9539	X		
Insulin	Works Around the Clock	Booklet	Aventis	www.diabeteswatch.com	X		
Medicare	Medicare Coverage	Brochure	Bayer	www.bayer.com	X		
Medicare	Medicare Coverage	Tear Pad	LifeScan	www.lifescan.com	X		
Medicare	Medicare Reimbursement	Tip Sheet	Roche	www.roche.com	X		
Insurance	Reimbursement Help-Line	Brochure	Bayer	www.bayer.com	X		
Medicare	The Power to Control Diabetes is in Your Hands	Booklet	NDEP	www.ndep.nih.gov	X	X	X
Medications	Medications	Tip Sheet	Roche	www.roche.com	X		
Medications	Non-Prescription Medications	Brochure	Bayer	www.bayer.com	X	X	
Monitoring	Blood Glucose Monitoring	Tip Sheet	Roche	www.roche.com	X		

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Monitoring	Blood Glucose Testing	Brochure	Bayer	www.bayer.com	X	X	
Monitoring	Blood Sugar Testing Diary	Brochure	BD	1-888-367-9539	X		
Monitoring	HbA1c	Tip Sheet	Roche	www.roche.com	X		
Monitoring	Ketone Testing	Tip Sheet	Roche	www.roche.com	X		
Monitoring	Ketone Testing in Urine	Brochure	Bayer	www.bayer.com	X	X	
Monitoring	Know Your Number!	Brochure	Roche	www.roche.com	X		
Monitoring	Managing Diabetes Through Blood Glucose Monitoring	Brochure	Aventis	www.diabeteswatch.com	X		
Monitoring	Meter to Lab Test Comparison "Is My BGM Accurate?"	Brochure	LifeScan	www.lifescan.com	X		
Monitoring	Self Monitoring Diary	Diary	Eli Lilly	www.LillyDiabetes.com	X		
Monitoring	Self Testing of Blood Sugar	Picture page	BD	1-888-367-9539	X	X	
Monitoring	Taking Control: Blood Glucose Diary	Brochure	Aventis	www.diabeteswatch.com	X		
Monitoring	The Power to Control Diabetes is in Your Hands	Booklet	NDEP	www.ndep.nih.gov	X	X	X
Monitoring	The Power to Control Diabetes is in Your Hands	Poster	NDEP	www.ndep.nih.gov	X	X	
Monitoring	Understanding Blood Glucose Monitoring	Brochure	BD	1-888-367-9539	X		
Monitoring	Urine Testing for Ketones	Picture page	BD	1-888-367-9539	X	X	
Monitoring	Use of Results	Tip Sheet	Roche	www.roche.com	X		
Monitoring	What You Should Know About Arm Testing	Brochure	LifeScan	www.lifescan.com	X		
Monitoring	Your Blood Glucose Diary	Booklet	NovoNordisk	www.novonordisk-us.com	X	X	
Pediatric	My Child Has Diabetes	Brochure	BD	1-888-367-9539	X		
Pediatric	RUFUS Comes Home	Booklet	Bayer	www.bayer.com	X		
Pediatric	Taking Diabetes to School	Booklet	Bayer	www.bayer.com	X		
Prevention	Small Steps. Big Rewards.	Booklet	NDEP	www.ndep.nih.gov	X		
Psycho-social	Diabetes & Stress	Booklet	NovoNordisk	www.novonordisk-us.com	X		
Psycho-social	Diabetes & stress	Brochure	BD	1-888-367-9539	X		
Psycho-social	Family Involvement	Tip Sheet	Roche	www.roche.com	X		
Psycho-social	Setting Goals	Tip Sheet	Roche	www.roche.com	X		
Psycho-social	Stress	Tip Sheet	Roche	www.roche.com	X		
Sick Days	Answers to Questions About Sick Days	Brochure	BD	1-888-367-9539	X		
Sick Day	Illness	Tip Sheet	Roche	www.roche.com	X		
Travel	Diabetes Care During Disaster Conditions	Brochure	BD	1-888-367-9539	X		
Travel	Traveling & Diabetes	Booklet	NovoNordisk	www.novonordisk-us.com	X		
Travel	Vacations, Travel & Diabetes	Brochure	BD	1-888-367-9539	X		

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